

Getting established

A Resource Guide for New Residents of West Nashville

Provided By:

robertson urbandale nations
neighborhood association



About this information Packet

In 2006, the Robertson-Urbandale-Nations Neighborhood Association and St. Luke's FRC Advisory Council wanted to find a way to reach out to new residents of West Nashville. Through meetings with the Neighborhoods Resource Center and St. Luke's Community House, the groups decided to apply for a community-based grant from Alcoa to provide "Welcome to the Neighborhood" bags to residents.

In the spring of 2006, Alcoa-Dixiewire awarded Neighborhoods Resource Center an Action Grant to provide canvas bags to new residents of West Nashville. Each bag contains a "Getting Established" guide, a smoke detector, an extra 9-volt battery, a low-energy compact fluorescent lamp, a gift card to be spent at a local business, and additional useful information.

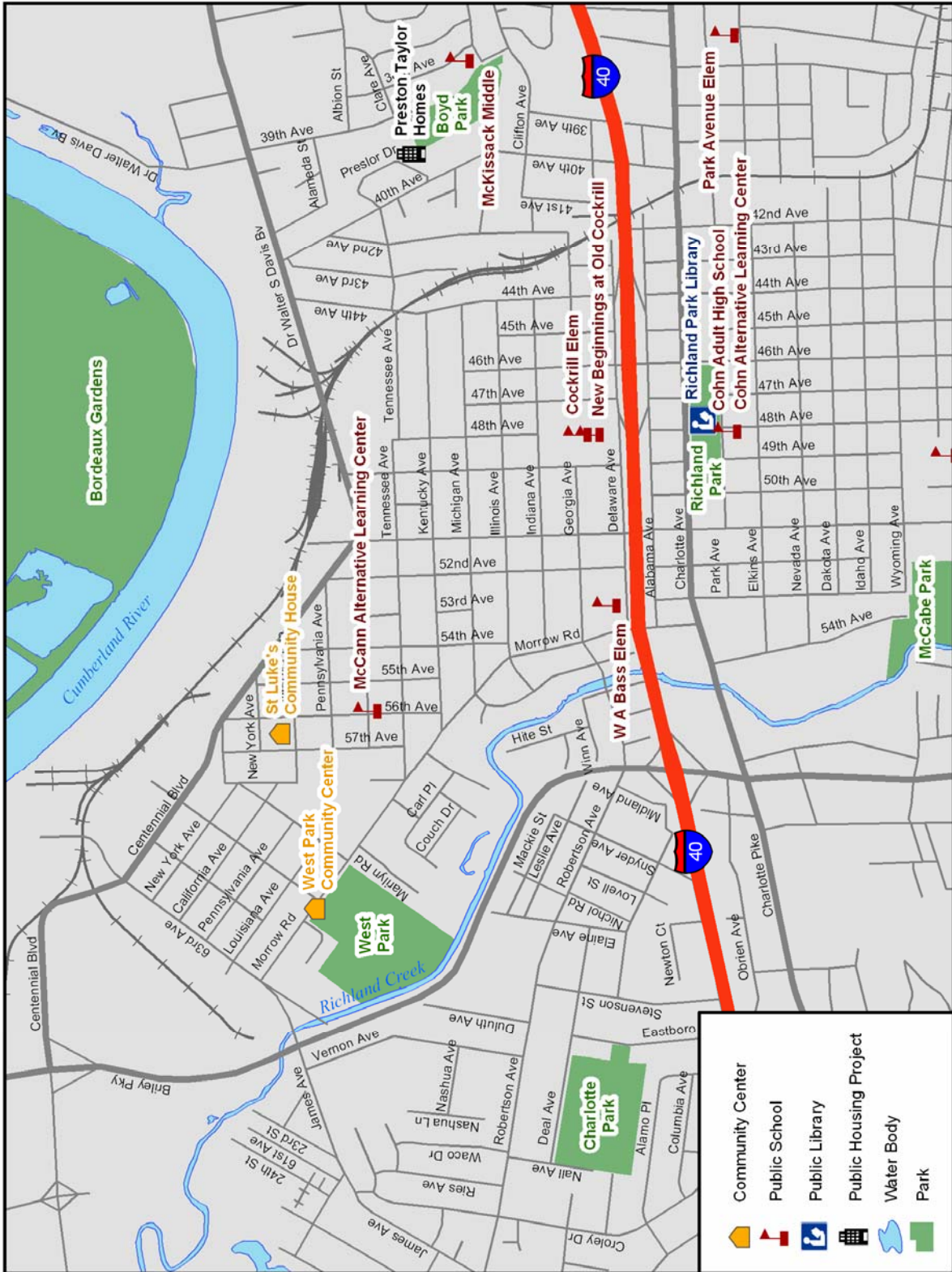
The "Getting Established" information packet was created by staff at The Neighborhoods Resource Center, a local non-profit organization dedicated to assisting Nashville residents in the formation and development of neighborhood-based organizations. For more information, contact NRC at 782-8212, or visit their website at www.tnrc.net.

Acknowledgements:

Special thanks to Fernando Gonzales, for designing the logo that appears on each welcome bag. Fernando is a nine-year-old resident enrolled in after-school programs at St. Luke's Community House.

Additional thanks to Mr. Michael Meeks and Metro Fire Explorer Post 417, for their donation of one hundred smoke detectors to be included in the packets.

Map of West Nashville



Map provided by the Neighborhoods Resource Center.

Neighbors in the Community



RUN Neighborhood Association

Meetings take place at 7:00 PM on the 2nd Thursday of each month at St. Luke's Community House

Address: 5601 New York Avenue, Nashville, TN 37209

Phone: 615-782-8212 (via Neighborhoods Resource Center)

For more than a decade, the Robertson-Urbandale-Nations (RUN) Neighborhood Association has worked to make West Nashville a cleaner, safer place to live. Goals of the RUN Neighborhood Association include:

- Beautification projects, such as street, alley, and creek cleanups; bulk-item pickups
- Working closely with the Metro Codes Department
- Sponsoring various community events, such as the annual Night Out Against Crime
- Informing residents about services offered by Metro Government, and opportunities provided by local social services agencies.

Light in the Nations

Meetings take place at 6:30 PM on the 1st Thursday of each month at Sixty-First Avenue United Methodist Church.

Address: 6018 New York Avenue, Nashville, TN 37209

Phone: 615-292-7184



Light in the Nations works closely with residents of West Nashville, and has organized various service projects in the area. For instance, LITN has helped local seniors prepare for cold weather – covering windows with plastic, helping seniors with high heating bills, etc. Other recent projects have included yard cleanups, and the provision of hand-made blankets to residents.



Schools

In the RUN Neighborhood, elementary school-aged children attend Cockrill Elementary, middle school-aged children attend Bass Middle, and high school-aged youth attend Pearl-Cohn High.

The RUN Neighborhood is home to two alternative learning centers—the McCann Alternative Learning Center located on 56th Avenue and the Cohn Alternative Learning Center located on Park Avenue. LEAD Academy is a charter school that will open its doors in 2007. LEAD is currently seeking to enroll 200 middle school-aged students, and plans to work up to the high school level, with a final target enrollment of 800.

Public Schools (Online: www.mnps.org)

Bass Middle School	5200 Delaware Ave	37209	298-8065
Cockrill Elementary School	4701 Indiana Ave	37209	298-8075
Cohn Adult High School	4805 Park Ave	37209	298-8053
Cohn Alternative Learning Center	4805 Park Ave	37209	298-6633
McCann Alternative Learning Center	1300 56th Ave N	37209	298-8090

Charter Schools

LEAD Academy			498-2916
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Metro Public libraries

The Richland Park Library on Charlotte Pike is the closest library to the RUN Neighborhood.



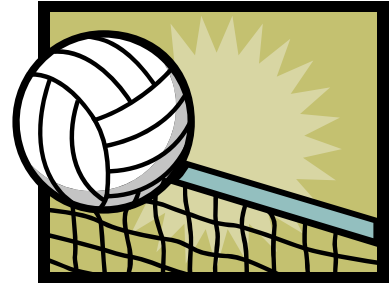
Public Libraries (Online: www.library.nashville.org)

Richland Park Library	4711 Charlotte Ave	37209	862-5870
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Metro Parks and Community Centers

The RUN Neighborhood contains one community center operated by the Metro Parks and Recreation Division of Metro Government.

West Park and the West Park Community Center are located at the 6100 block of Morrow Road. Additionally, St. Luke's Community House, a local non-profit organization, is available for community-oriented activities.



Metro Parks (Online: <http://www.nashville.gov/parks>)

Charlotte Park	6031 Deal Avenue	37209	862-8400
Richland Park	4601 Charlotte Ave	37209	862-8400
West Park	6109 Morrow Rd	37209	862-8400

Community Centers

St. Luke's Community House	5601 New York Ave	37209	350-7893
West Park Community Center	6105 Morrow Rd	37209	862-8469

Metro Public Works



In Davidson County, Metro Public Works has supplied every single-family residential property a brown bin for trash disposal and a green bin for recycling. The green recycling bins can only be used for these items: paper, cardboard, aluminum cans, steel cans, and plastic containers.

Do not place trash in the green bins. For more information about Metro's trash/recycling program, call 880-1000.

In collaboration with the Sheriff's Department, Metro Public Works offers curbside bulk item collection. Bulk items include old furniture, mattresses, televisions, water heaters, stoves, etc. Up to six items can be removed at a single address. Metro Public Works also provides brush and leaf pick-ups at regular intervals throughout the year. To arrange for a bulk item collection, or for information about Metro's brush and leaf collection program, call 862-8750.



Health Clinics and hospitals

The Metro Public Health Department is responsible for protecting and promoting the health of Davidson County workers and residents.

Among other things, the Public Health Department monitors air quality, inspects local dining establishments, and maintains health clinics at four different locations in Nashville. The closest clinic is the Lentz Public Health Center at 311 23rd Ave North. At the Lentz Center, Davidson County residents can obtain immunizations for adults and children, flu shots, diagnosis / treatment for sexually transmitted diseases, and other related medical services—at a very low cost.

The St. Thomas Family Health Center is an additional low-cost health clinic that serves the area.

There are no full-service hospitals in the immediate area of the neighborhood. However, several are accessible via a short drive.

Health Clinics

Lentz Public Health Center	311 23rd Ave N	37203	340-5616
St. Thomas Family Health Center	5201 Charlotte Ave	37209	222-1900

Hospitals (Downtown Area)

Baptist Hospital	2000 Church St	37236	284-5555
Centennial Medical Center	2300 Patterson St	37203	342-1000
Metro Nashville General Hospital	1818 Albion St	37208	341-4000
Saint Thomas Hospital	4220 Harding Pike	37205	222-2111
Vanderbilt Children's Hospital	2200 Children's Way	37232	936-1000
Vanderbilt University Medical Center	1211 22nd Avenue South	37232	322-5000
Veterans Medical Center	1310 24th Ave S	37212	327-5390

St. Luke's Community House

Address: 5601 New York Avenue, Nashville TN 37209

Online: <http://www.stlukescommunityhouse.org>

Phone: 615-350-7893



St. Luke's Community House is a non-profit agency that provides programs and assistance to local residents. Unless otherwise noted, St. Luke's offers the following services to residents, at no cost:

(Note: Many of the programs listed below are provided by St. Luke's Partner Agencies)

Preschool Program: A DHS licensed & 3 STAR rated preschool serving an average of 74 children ages 6 weeks to 5 years. Fees are based on a sliding scale and include a variety of services.

Y.E.S. School Age Program: A faith-based after school and summer program that serves children and youth ages 5- 18 years. Semester fee required. Scholarships available.

Big Brothers Big Sisters: Partnership program that provides one-on-one mentoring for children.

Girl's World: Youth mentoring program for girl's ages 13-18. Provides tutoring and other support.

Boy Scouts/Girl Scouts: Vibrant scout programs serving over 50 children ranging in age from 6-12. These program collaborations are provided at no cost to the participants and provide learning & recreational trips.

First Steps, Inc.: Partnership program that provides developmental assessments, referrals and support to children (and families of children) who are enrolled in St. Luke's preschool program or live in the 37209 area.

Senior Club: Social & recreational opportunities for seniors, including shopping, lunch outings, etc.

Senior Friends: Seniors are matched with volunteers to provide one-on-one support, case management, commodities delivery and referral support for low income seniors.

Mobile Meals: Hot and nutritious meals delivered daily to low-income seniors and disabled community residents.

Vanderbilt Student Community Health Coalition: Program that serves seniors by providing free health screenings, companionship, minor home repairs and cleanup, as well as fitness and nutritional activities.

West Nashville Community Development Partnership: Provides free home repair assistance to low-income seniors and families living in the R.U.N. neighborhood.

St. Luke's Community House (continued)

GED Classes: An OIC Program that provides free classes to individuals who want to pursue a High School diploma. Classes are during the evening Mon-Thurs from 6-8pm.

Literacy & English Classes: A Nashville Adult Literacy program that matches volunteer tutors with low-income adults living in west Nashville who are learning to read or to speak English in addition to beginner and intermediate English as a Learned Language (ELL) classes.

Workforce Development Program: Community-based program that offers classes and support to assist job-seekers in obtaining employment. A specialized culinary training program is also available.

Job Training/Computer Classes: An Opportunities Industrialization Center (OIC) Program that provides beginner to advanced instruction for adult community residents who would like to improve their skills and knowledge to obtain better employment.

Volunteer Income Tax Assistance (VITA): Trained VITA volunteers provide free assistance for community residents in filing their taxes while educating them about tax credits, such as the Earned Income Tax Credit and Child Tax Credit.

Toy Store/Adopt-A-Family: A yearly holiday program that provides toys and household items for over 450 low-income families living in the 37209 zip code. Toy Store/Adopt-a-Family is a US Marine Corps "Toys for Tots" collaborative program.

Family and Children's Services: An onsite social worker provides one-on-one, group, and family counseling and referral services to residents living in the 37209 zip code area.

Women's Group: YWCA-facilitated group that provides counsel and support to women facing family and individual issues.

Rover Clinic: Nashville Humane Association provides monthly on-site free spay and neutering of pets for qualifying West Nashville families.

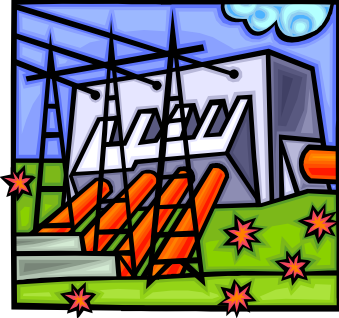
Emergency Financial Assistance: Emergency financial support for seniors and families who need help with utilities and live in the 37209 zip code.

Emergency Food Box Program: A Second Harvest collaboration that serves an average of 300 individuals with over 1900 food boxes a year. Each food box contains enough nutritious food to provide 3 meals for 2 days for each person in the household.

St. Luke's Advisory Council: Community group that meets on the 2nd Thursday of each month at 6pm to discuss ideas, programs, events, and neighborhood issues impacting West Nashville and St. Luke's Community House.

local Utilities

Information to help new residents establish utility services:



Electricity

Nashville Electric Service (NES)

Address: 1214 Church Street, Nashville, TN 37246

Online: <http://www.nespower.com/>

Phone: 615-736-6900

Natural Gas

Nashville Gas Company

Address: 665 Mainstream Drive, Nashville, TN 37228

Online: <http://www.nashvillegas.com/>

Phone: 615-734-1793



Water and Sewer

Metro Water Services

Address: 1600 2nd. Avenue North, Nashville, TN 37208

Online: <http://nashville.gov/water/>

Phone: 615-862-4600

Other Information

Obtaining a Voter Registration Card

Davidson County Election Commission

Address: 800 2nd Avenue South, Nashville, TN 37210

Online: <http://nashville.gov/vote/>

Phone: 615-862-8800



Voter registration forms can be obtained at local post offices, public libraries, and online (see link above). You may register to vote if: (1) you are a citizen of the United States, (2) you are a Tennessee resident, and (3) you are or will be 18 years of age on or before the next election day. In order to vote, you must have registered at least 30 days prior to an election. You must also bring an acceptable form of identification, such as your Tennessee Voter Registration Card, Tennessee Driver's License, or Student Identification Card.



Getting a library Card

Nashville Public Library

Address: 615 Church Street, Nashville, TN 37219

Online: <http://www.library.nashville.org>

Phone: 615-862-5760

Library cards are free to all residents of Davidson County. To obtain a library card, you will need to present an ID that also shows your current address. If you don't have an ID with a current address, you can present a piece of mail postmarked in the last two weeks, a pay stub issued in the last two weeks, a recent utility bill, or your voter registration card.

Vehicle Registration



Davidson County Clerk's Office

Address: 700 2nd Avenue South, Nashville, TN 37210

Online: www.nashville.org/cclerk/vehicles.htm

Phone: 615-862-6251 (Title and Registration)

Every vehicle registered in Davidson County must pass a vehicle inspection test before Tennessee license tags are issued. The cost for each yearly inspection is \$10 (as of Dec. 2006). The inspection site closest to the RUN Neighborhood is at 7008 Westbelt Drive, near the John Tune airport. License plates, titles, and vehicle registration documents can be obtained at the Davidson County Clerk's Office, or locally at the North Police Precinct Station (2231 - 26th Avenue North).

Obtaining a Tennessee Driver's license

Tennessee Department of Safety

Address: 1150 Foster Avenue, Nashville, TN 37249

Online: <http://www.state.tn.us/safety/index.htm>

Phone: 1-866-849-3548



The Tennessee Department of Safety requires residents to obtain a Tennessee driver's license within 30 days of establishing residency. Road and vision tests are not required if a valid out-of-state license is provided by the driver. The driver's license station closest to the RUN Neighborhood is located at 6604 Centennial Blvd.

Emergency Services



Contact numbers

For life-threatening emergencies,
(fire, police, and ambulance services), dial 9-1-1

For non-emergency calls for service, dial 862-8600.

Metro Police Department	615-862-8600
North Precinct (2231 26th Ave. N)	615-862-4410
West Precinct (6730 Charlotte Pike)	615-862-7747
Nashville Fire Department	615-862-5421
YWCA Domestic Violence Hotline	615-242-1199
Crisis Line – Rape and Sexual Abuse Center	800-879-1999
Child Abuse Hotline – TN Department of Children’s Services	877-237-0004
Senior Abuse Hotline – TN Adult Protective Services	615-532-3492
Drug Helpline – National Institute of Drug Abuse	800-622-4357
Poison Control Center – TN Poison Center	615-936-2034
Suicide Hotline – Crisis Intervention Center	615-244-7444
United Way Helpline	Dial 2-1-1

Metro Urban Services contact numbers

How to Work with Metro Agencies	
<ol style="list-style-type: none"> 1. Identify common problems with other neighborhood leaders. Figure out if they can be solved without calling Metro Govt. 2. Use the list below to report problems to the proper agency. Don't forget to say "Thanks!" 3. Keep a journal that records the time, date, agency you called, who you talked to, and what they said. 4. Expect Metro Agencies to be accountable. Follow-up if a problem still needs to be addressed. 	
Who To Call	For Help With:
Metro Police Department 862-8600	<ul style="list-style-type: none"> • Reporting criminal activity • <u>Note</u>: Be prepared to give the dispatcher a detailed description. Also, citizens who report crime can specifically request that an officer not come to their home.
Metro Codes Department 862-6590 NOTICE Program 862-6516	<ul style="list-style-type: none"> • Run-down buildings or homes • Inoperable or unlicensed vehicles • Abandoned vehicles on public property • Yards with junk, trash, appliances, etc. • Graffiti on private buildings • Car repair / illegal businesses in residential areas • <u>Note</u>: Ask for a complaint number, so you can call back to check progress.
Metro Water Services (Storm Water Division) 880-3300	<ul style="list-style-type: none"> • Storm water drainage problems
Metro Health Department (Environmental Sanitation) 340-5644	<ul style="list-style-type: none"> • Garbage, trash, and junk on vacant lots • Garbage not stored in proper container • Illegal dumping (public or private land) • Overgrown vacant lots or buildings • Dog pen odors • Plumbing problems (sewage) • Abandoned cars on vacant lots • Hypodermic needle removal
Metro Health Department (Pest Management) 340-5668	<ul style="list-style-type: none"> • Rat or mouse control • Cockroach, mosquito, fly, flea, tick control • Bird, snake, bat control
Metro Health Department (Animal Services) 862-7928	<ul style="list-style-type: none"> • Animal bites, or dogs running at large • Stray and vicious dogs • Animal adoptions or animal cruelty
Metro Public Works Dept (Waste Management) 880-1000	<ul style="list-style-type: none"> • Garbage pickup • Brush & leaf collection (five scheduled pickups per year—call for details) • Bulk item pickup (twice a year, residents can request pickup of couches, stoves, etc) • Dead animal removal • Curbside recycling / drop-off sites for recycling, trash, and hazardous waste
Metro Public Works Dept (Streets and Roads) 862-8750	<ul style="list-style-type: none"> • Alley clean-ups • Overgrown alleys or right-of-way on streets • Road repair or paving (potholes, etc) • Street signs / graffiti cleanup
Nashville Electric Service 736-6900 / 747-3876	<ul style="list-style-type: none"> • Burned-out / non-functioning street lights • <u>Note</u>: Write down the number of the yellow metal tag on the pole before you call.
Nashville Gas 734-1400	<ul style="list-style-type: none"> • If you smell natural gas or detect the presence of carbon monoxide.

List provided by the Neighborhoods Resource Center. For more information, call 615-782-8212.